

## HOME SCHOOLING FOR PHYSICAL EDUCATION -INFORMATION AND INSTRUCTIONS-

Fairmont High School students have the option of completing their physical education requirement through home schooling. This program allows students to earn this requirement outside of school. Some students find this advantageous, as they are then able to take another elective.

### Points to Consider:

- Students need a total of  $\frac{1}{2}$  credit of physical education to graduate. This is usually earned taking 2 semesters of physical education with  $\frac{1}{4}$  credit earned for each semester. If your student already has  $\frac{1}{4}$  credit for physical education, they will need 60 physical activity hours to earn the remaining  $\frac{1}{4}$  credit. If they do not have any physical education credit, they will need 120 physical activity hours to earn the entire  $\frac{1}{2}$  credit needed for graduation. If your student wishes to earn only  $\frac{1}{4}$  credit through home schooling and wishes to take the remaining  $\frac{1}{4}$  credit via a regular P.E. class or through summer school, this is also acceptable.
- Your student's physical activities for the purposes of this program cannot be connected with any Fairmont activities or athletic practices.
- Students who utilize this program will receive a letter grade of either "A" or "B".

To earn a letter grade of "B", a student must complete 60 activity hours for each  $\frac{1}{4}$  credit desired.

To earn a letter grade of "A", a student must complete 60 activity hours for each  $\frac{1}{4}$  credit desired **plus** take a comprehensive exam. A textbook (250 pages) will be provided as a study guide for the exam and must be checked out at the Student Services Office at the Board of Education. After completion of the log, the exam will be administered at the Student Services office. Students must receive a 90% on the exam to earn the "A".

- If a student is currently taking Physical Education, they may not drop that class in order to participate in this program.
- If your student is a Fairmont athlete, they must take 5 academic classes. If they should not pass one of these classes, they will lose their athletic eligibility. Please be aware of this fact if your student is not replacing their physical education class with another academic class.

TO APPLY FOR THE GRADE OF "B" OPTION:

- Complete the attached Home Schooling Notification Form for Physical Education. For question #6 on the application, please check the grade of "B" option. For question #8 on the application, please check the number of activity hours desired. If your student wishes to utilize the program for ½ credit (120 activity hours), the application need only be filled out once. This program does not follow the regular school year calendar.
- Mail the application to:

Kettering City Schools  
Student Services/Home Schooling  
3750 Far Hills Avenue  
Kettering, Ohio 45429

- If the application is in order, your student will be approved for the program and you will receive an approval letter in the mail.
- Your student should then start their own log of their physical activities. (We do not provide a blank log for them to complete). The log should list:
  - 1.) the date of the physical activity
  - 2.) type of physical activity (such as walking, weight training, swimming, etc.)
  - 3.) how much time was spent on that activity on that date
  - 4.) a running total of the activity hours so your student knows how close they are to completing the required number of hours

Please note: if your student plays on a select team or a team not connected with Fairmont sports, practice time may be counted for home schooling activity hours, but time spent playing in actual games may not be counted.

- When your student has logged the total number of hours required, make a copy for your records and mail or bring the original log to Student Services at the address listed above.
- After receipt of the log, the activity hours will be converted into physical education credit. A letter will be mailed to you stating that your student has earned the grade of "B" as well as the amount of credit earned through the program. A copy of that letter will also be sent to the high school guidance department so the grade/credit earned can be entered into your student's record.
- If a student is approved for this program and we do not receive the log during the current school year, it is assumed that the student is still working to complete their activity hours. In this situation, their home schooling/PE file will simply be rolled-over to the next school year awaiting completion and submission of their log of activities.
- Students do not have a time limit in which to complete their physical activity log, however it is recommended that it be completed as quickly as possible. The Physical Education grade/credit earned cannot be issued until the student's log is submitted to Student Services. It is the student/parent's responsibility to submit the log in a timely manner.
- If you have any questions, please call Student Services at 499-1434.

TO APPLY FOR THE GRADE OF "A" OPTION:

- Complete the attached Home Schooling Notification Form for Physical Education. For question #6 on the application, please check the grade of "A" option. For question #8 on the application, please check the number of activity hours desired. If your student wishes to utilize the program for ½ credit (120 activity hours), the application need only be filled out once. This program does not follow the regular school year calendar.
- Mail the application to:

Kettering City Schools  
Student Services/Home Schooling  
3750 Far Hills Avenue  
Kettering, Ohio 45429

- If the application is in order, your student will be approved for the program and you will receive an approval letter in the mail.
- Your student should then start their own log of their physical activities. (We do not provide a blank log for them to complete). The log should list:
  - 1.) the date of the physical activity
  - 2.) type of physical activity (such as walking, weight training, swimming, etc.)
  - 3.) how much time was spent on that activity on that date
  - 4.) a running total of the activity hours so your student knows how close they are to completing the required number of hours

Please note: if your student plays on a select team or a team not connected with Fairmont sports, practice time may be counted for home schooling activity hours, but time spent playing in actual games may **not** be counted.

- Parent or student must come in to Student Services to check out the textbook (250 pages) for the exam. It is recommended that the textbook be checked out when the student's log is close to completion.
- When your student has logged the total number of hours required and has studied the textbook, call 499-1433 to schedule the exam. Make a copy of the log for your records. The original **log and textbook** must be turned in at the **beginning** of the exam. Students must earn a 90% or better on the exam to receive an "A".
- After the exam has been graded, the activity hours will be converted into credit. A letter will be mailed to you stating the grade and amount of credit your student earned through the program. A copy of that letter will also be sent to the high school guidance department so the grade/credit earned can be entered into your student's record.
- If a student is approved for this program and we do not receive the log during the current school year, it is assumed that the student is still working to complete their activity hours. In this situation, their home schooling/PE file will simply be rolled-over to the next school year awaiting completion and submission of their log of activities.
- Students do not have a time limit in which to complete their physical activity log, however it is recommended that it be completed as quickly as possible. The Physical Education grade/credit earned cannot be issued until the student's log is submitted to Student Services. It is the student/parent's responsibility to submit the log in a timely manner.
- If you have any questions, please call Student Services at 499-1434.