

KETTERING CITY SCHOOLS

DENTAL BENEFIT PLAN

PLAN DOCUMENT

DRAFT #2

DRAFT DATE 2/7/05

Effective Date: January 1, 2005

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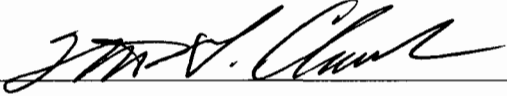
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# ADOPTION

Kettering City Schools has caused this Kettering City Schools Dental Benefit Plan (*Plan*) to take effect as of the first day of January 2005, at Kettering, Ohio. This is a revision of the Plan previously adopted October 1, 1982. I have read the document herein and certify the document reflects the terms and conditions of the employee welfare benefit plan as established by Kettering City Schools.

BY: 

DATE: 5/16/06

# SCHEDULE OF BENEFITS

The following *Schedule of Benefits* is designed as a quick reference. For complete provisions of the *Plan's* benefits, refer to the following sections: *Dental Claim Filing Procedure, Dental Expense Benefit and Plan Exclusions.*

<b>DENTAL BENEFITS</b>
------------------------

<b>Deductible Per Calendar Year:</b>	
Individual	\$25
Family (Aggregate)	\$75
The deductible is waived for diagnostic & preventive dental services and orthodontic services.	
<b>Maximum Benefit Per Covered Person For:</b>	
Diagnostic & Preventive	Unlimited
Basic and Major Dental services per calendar year (other than Orthodontics)	\$2,500
Orthodontic services while covered by this <i>Plan</i>	\$1,250
<b>Percentage of Customary and Reasonable Amount Payable For:</b>	
Class I    Diagnostic & Preventive Dental Services	100%
Class II   Basic Dental Services	80%
Class III   Major Dental Services	80%
Class IV   Orthodontic Services	60%

Refer to *Dental Expense Benefit* for complete details.

# DENTAL EXPENSE BENEFIT

Subject to all the terms of the *Plan*, the *Plan* will pay a dental benefit for covered dental expenses. The dental benefit is a percentage of the *customary and reasonable amount* for covered dental expenses, as shown on the *Schedule of Benefits*.

## **DEDUCTIBLE**

### *Individual Deductible*

The individual deductible is the dollar amount of *covered expense* which each *covered person* must incur during each calendar year before the *Plan* pays applicable benefits. The individual deductible amount is shown on the *Schedule of Benefits*.

### *Family Deductible*

If, in any calendar year, covered members of a family incur *covered expenses* that are subject to the deductible that are equal to or greater than the dollar amount of the family deductible shown on the *Schedule of Benefits*, then the family deductible will be considered satisfied for all family members for that calendar year. Any number of family members may help to meet the family deductible amount, but no more than each person's individual deductible amount may be applied toward satisfaction of the family deductible by any family member.

### *Deductible Carry-Over*

Amounts *incurred* during October, November and December and applied toward the individual deductible of any *covered person*, will also be applied to the individual deductible of that *covered person* in the next calendar year.

## **COINSURANCE**

The *Plan* pays a specified percentage of the *customary and reasonable amount* for *covered expenses*. That percentage is listed on the *Schedule of Benefits*. The *covered person* is responsible for the difference.

## **MAXIMUM BENEFIT**

The maximum calendar year benefit payable on behalf of a *covered person* for covered dental expense is stated on the *Schedule of Benefits*. If the *covered person's* coverage under the *Plan* terminates and he subsequently returns to coverage under the *Plan* during the calendar year, the *maximum benefit* will be calculated on the sum of benefits paid by the *Plan*.

The *maximum benefit* for orthodontic treatment while a *covered person* is covered by this *Plan* is also specified on the *Schedule of Benefits*

## **ALTERNATIVE TREATMENT**

In the event the *dentist* recommends a particular course of treatment and a lower-cost alternative would be as effective, benefits shall be limited to the lower-cost alternative. Any balance remaining, as a result of the *covered person's* choice to obtain the higher-cost treatment, will be the *covered person's* responsibility.

## ***DENTAL INCURRED DATE***

A dental procedure will be deemed to have commenced on the date the covered dental expense is ***incurred***, except as follows:

1. For installation of a prosthesis other than a bridge or crown, on the date the impression was made;
2. For a crown, bridge or gold restoration, on the date the tooth or teeth are first prepared;
3. For endodontic treatment, on the date the pulp chamber is opened.

There are times when one overall charge is made for all or part of a course of treatment. In this case the ***claims processor*** will apportion that overall charge to each of the separate visits or treatments. The pro rata charge will be considered to be ***incurred*** as each visit or treatment is completed.

## ***COVERED DENTAL EXPENSES***

Subject to the limitations and exclusions, covered dental expenses shall include the necessary services, supplies, or treatment listed below and on the following pages. No dental benefit will be paid for any dental service, supply or treatment which is not on the following list of covered dental expenses.

### *Class I Diagnostic and Preventive Dental Services*

1. Routine oral examination: Initial or periodic, limited to two (2) in any twelve (12) consecutive months.
2. Prophylaxis: Scaling and cleaning of teeth, limited to two (2) in any twelve (12) consecutive months.
3. Dental x-rays as follows:
  - a. Supplementary bite-wing x-rays, as needed.
  - b. Panorex or full mouth series, limited to one (1) every thirty-six (36) months.
  - c. Other dental x-rays necessary for the diagnosis of a specific condition requiring treatment.
4. Topical application of fluoride, limited to one (1) treatment per twelve (12) consecutive months.
5. Space maintainers, fixed appliance (not made of precious metals), designed to preserve the space between teeth caused by the premature loss of a primary tooth (also called a baby tooth) including all adjustments within six (6) months of installation. This does not include space maintainers used in orthodontics to create a space between teeth.
6. Topical application of sealant to permanent posterior teeth, for ***dependent*** children under age fourteen (14).
7. ***Emergency*** palliative treatment primarily for relief of dental pain, not cure. Only paid as a separate benefit when no other treatment (except x-rays) is rendered during the visit.

### *Class II Basic Dental Services*

1. Sedative fillings, covered as a separate procedure only if no other service (except x-rays) is rendered during the visit.
2. Restorations (fillings) to restore teeth to normal function, using amalgam, silicate, acrylic, synthetic, and composite filling materials to restore teeth broken down by decay or ***injury***.



3. Pin retention when part of the restoration instead of gold or crown retention.
4. Periodontics as follows:
  - a. Gingivectomy/gingivoplasty, gingival curettage, gingival flap procedure or mucogingival surgery.
  - b. Scaling and root planing.
  - c. Pedicle and free soft tissue grafts, and vestibuloplasty.
  - d. Occlusal adjustment.
  - e. Excision of pericoronal gingiva.
  - f. Periodontal prophylaxis.
  - g. Osseous surgery.
5. Endodontics as follows:
  - a. Direct pulp capping.
  - b. Pulpotomy.
  - c. Root canal therapy.
  - d. Apicoectomy.
  - e. Hemisection.
  - f. Retrograde fillings.
6. Oral surgery, including customary postoperative treatment furnished in connection with oral surgery, as follows:
  - a. Simple extraction of one (1) or more teeth.
  - b. Surgical extraction of erupted teeth and of soft tissue, partially bony, and completely bony impacted teeth.
  - c. Extraction of tooth root.
  - d. Incision and drainage of a tumor or a cyst.
  - e. Alveolectomy, alveoloplasty, and frenectomy.
  - f. Exostosis or hyperplastic tissue and excision of oral tissue for biopsy.
  - g. Re-implantation or transplantation of a natural tooth.
  - h. General anesthesia, only when provided in conjunction with a surgical procedure.
7. Therapeutic injections of antibiotics administered by a *dentist*.
8. Repairs and adjustments to full or partial dentures, but only if they were installed more than six (6) months earlier.
9. Relining of present dentures, only if done more than six (6) months after the initial insertion of the denture.
10. Rebased of present dentures, only if done more than six (6) months after the initial insertion of the denture.
11. Denture adjustment, only if done more than six (6) months after the initial insertion of the denture.
12. Repair or recementing of crowns, inlays, onlays or bridgework.
13. Specialist consultations and specialty examinations provided the *covered person* has been referred by a general *dentist*. These consultations and examinations are not restricted to the limitations for routine oral exams.

### *Class III Major Dental Services*

1. Post and core on permanent teeth only.
2. Plastic or stainless steel crowns will be covered for primary teeth only and the five (5) year limitation, as noted below will not be applied.
3. Gold Inlays and Onlays: Covered only when the tooth cannot be restored by basic restorations, and then only if at least five (5) consecutive years have elapsed since the last placement. Restorations on teeth which are anterior to the first bicuspid are not covered.
4. Porcelain Restorations: Covered only when the tooth cannot be restored by basic restorations, and then only if at least five (5) consecutive years have elapsed since the last placement. Restorations on teeth which are anterior to the first bicuspid are not covered.
5. Crowns: Covered only when the tooth cannot be restored by basic restorations, and then only if at least five (5) consecutive years have lapsed since the last placement. Crowns used to treat temporomandibular joint dysfunction will not be covered.
6. Initial installation of fixed bridge (including abutments) to replace one (1) or more natural teeth.
7. Removable bridge, partial or complete dentures to replace one (1) or more natural teeth.
8. Replacement of an existing partial or full removable denture or fixed bridge, or the addition of teeth to existing bridgework to replace extracted natural teeth. However, only replacement or additions that meet the "*Prosthesis Replacement Rule*" below will be covered.
9. Complete dentures.

### *Prosthesis Replacement Rule*

The Prosthesis Replacement Rule requires that replacements for or additions to existing dentures or bridgework will be covered only if satisfactory evidence is furnished that one (1) of the following services applies:

1. The replacement or addition of teeth is required to replace one (1) or more teeth extracted after the existing denture or bridgework was installed.
2. The existing denture or bridge cannot be made serviceable and was installed at least five (5) years prior to its replacement.

***Covered expenses*** for both temporary and permanent prosthesis will be limited to the charge for the permanent prosthesis.

### *Class IV Orthodontic Services*

1. Any dental expense furnished in connection with the orthodontic treatment.
  2. \*Active appliances, including diagnostic services, the treatment plan, the fitting, making and placing of the active appliance, and all related office visits including post-treatment stabilization.
  3. Comprehensive full-banded and bracketed orthodontic treatment.
  4. Fixed or cemented appliance to control harmful habits.
- \* Appliances for *tooth guidance*, to *control harmful habits* and *retention* are limited to: only one (1) such appliance per individual.

## ***DENTAL EXCLUSIONS***

In addition to the *Plan Exclusions*, no benefit will be provided under this *Plan* for dental expenses *incurred* by a *covered person* for the following:

1. Charges for any device ordered while the individual was covered under this *Plan* and not delivered or installed until after termination of coverage.
2. Replacement of lost, missing or stolen appliances or prosthetic devices or duplicate appliances or prosthetic devices.
3. Charges for implants.
4. Any procedure which began before the date the *covered person's* dental coverage started, to include a service which is:
  - a. An appliance, or modification of an appliance, for which an impression was made before such person became covered, or
  - b. A crown, bridge or gold restoration, for which a tooth was prepared before such person became covered, or
  - c. Root canal therapy, for which the pulp chamber was opened before such person became covered.

X-rays and prophylaxis shall not be deemed to start a dental procedure.

5. Services, supplies or treatment that is cosmetic in nature, including charges for personalization or characterization of dentures. Veneers or coverings placed on teeth except when used to return the tooth to normal form and function are considered cosmetic in nature.
6. Surgical services with respect to congenital or developmental malformations. These conditions include: cleft palate, mandibular prognathism, enamel hypoplasia, fluorosis, and anodontia.
7. Appliances, restoration or procedures for the purpose of altering vertical dimension, restoring or maintaining occlusion, splinting, or replacing tooth structure lost as a result of abrasion or attrition, except as provided under *Orthodontic Services*.
8. A service not furnished by a *dentist*, except:
  - a. Services performed by a licensed dental hygienist under a *dentist's* supervision;
  - b. X-rays ordered by a *dentist*; and
  - c. Denturist.
9. Replacement of a prosthetic which in the *dentist's* opinion can be repaired or does not need replacement.
10. A posterior fixed prosthetic appliance when done in connection with a removable appliance in the same arch.
11. Charges in excess of the least costly plan of treatment when there is more than one accepted method of treatment for a dental condition.
12. Charges resulting from changing from one *dentist* to another while receiving treatment, or resulting from receiving care from more than one *dentist* for one dental procedure, to the extent that the total charges billed exceed the amount that would have been billed if one *dentist* had performed all the required dental services.

13. Charges for precision attachments, semi-precision attachments, instruction in dental plaque control, dental hygienics, or nutritional counseling.
14. Charges for services or supplies related to diagnosis of, or treatment of temporomandibular joint syndrome, by whatever name called.
15. Charges for adjustments of new dentures within six (6) months of installation.
16. Charges for infection control (OSHA fees).
17. Any procedure not listed under *Covered Dental Expense*.

# PLAN EXCLUSIONS

The *Plan* will not provide benefits for any of the items listed in this section, regardless of *medical necessity* or recommendation of a *physician* or *professional provider*.

1. Charges for services, treatment or supplies furnished by the United States government or any agency thereof or any government outside the United States, unless payment is legally required.
2. Charges for an *injury* sustained or *illness* contracted while on active duty in military service, unless payment is legally required.
3. Charges for services, treatment or supplies for treatment of *illness* or *injury* which is caused by or attributed to by war or any act of war, participation in a riot, civil disobedience or insurrection. "War" means declared or undeclared war, whether civil or international, or any substantial armed conflict between organized forces of a military nature.
4. Any condition for which benefits of any nature are payable or are found to be eligible, either by adjudication or settlement, under any Workers' Compensation law, Employer's liability law, or occupational disease law, even though the *covered person* fails to claim rights to such benefits or fails to enroll or purchase such coverage.
5. Charges in connection with any *illness* or *injury* arising out of or in the course of any employment intended for wage or profit, including self-employment.
6. Charges made for services, supplies and treatment which are not *medically necessary* for the treatment of *illness* or *injury*, or which are not recommended and approved by the attending *physician*, except as specifically stated herein, or to the extent that the charges exceed the *customary and reasonable amount* or the *negotiated rate*, as applicable.
7. Charges in connection with any *illness* or *injury* of the *covered person* resulting from or occurring during commission or attempted commission of a criminal battery or felony by the *covered person*.
8. To the extent that payment under this *Plan* is prohibited by any law of any jurisdiction in which the *covered person* resides at the time the expense is *incurred*.
9. Charges for services rendered and/or supplies received prior to the *effective date* or after the termination date of a person's coverage.
10. Any services, supplies or treatment for which the *covered person* is not legally required to pay; or for which no charge would usually be made; or for which such charge, if made, would not usually be collected if no coverage existed; or to the extent the charge for the care exceeds the charge that would have been made and collected if no coverage existed.
11. Charges for services, supplies or treatment that are considered *experimental/investigational*.
12. Charges *incurred* outside the United States if the *covered person* traveled to such a location for the sole purpose of obtaining services, supplies or treatment.
13. Charges for services, supplies or treatment rendered by any individual who is a *close relative* of the *covered person* or who resides in the same household as the *covered person*.
14. Charges for services, supplies or treatment rendered by *dentist* beyond the scope of their license; for any treatment, *confinement* or service which is not recommended by or performed by an appropriate *dentist*.

15. Charges for *illnesses* or *injuries* suffered by a *covered person* due to the action or inaction of any party if the *covered person* fails to provide information as specified in the section, *Subrogation/Reimbursement*.
16. Claims not submitted within the *Plan's* filing limit deadlines as specified in the section, *Dental Claim Filing Procedure*.
17. Charges for telephone or e-mail consultations, completion of claim forms, charges associated with missed appointments.

# ELIGIBILITY, ENROLLMENT AND EFFECTIVE DATE

This section identifies the *Plan's* requirements for a person to participate in the *Plan*.

## ***EMPLOYEE ELIGIBILITY***

All *employees* regularly scheduled to work as determined by the *employer* shall be eligible to enroll for coverage under this *Plan*. This does not include temporary or seasonal *employees*.

## ***EMPLOYEE ENROLLMENT***

An *employee* must file a written application with the *employer* for coverage hereunder for himself within thirty (30) days of becoming eligible for coverage. The *employee* shall have the responsibility of timely forwarding to the *employer* all applications for enrollment hereunder.

## ***EMPLOYEE(S) EFFECTIVE DATE***

Eligible *employees*, as described in *Employee Eligibility*, are covered under the *Plan* on the date of hire, provided the *employee* has enrolled for coverage as described in *Employee Enrollment*.

## ***DEPENDENT(S) ELIGIBILITY***

The following describes *dependent* eligibility requirements. The *employer* will require proof of *dependent* status.

1. The term "spouse" means the spouse of the *employee* under a legally valid existing marriage between persons of the opposite sex.
2. The term "child" means the *employee's* natural child, stepchild, legally adopted child and a child for whom the *employee* or covered spouse has been appointed legal guardian, provided:
  - a. The child is less than twenty-three (23) years of age, and;
  - b. The child lives with the *employee* in a parent-child relationship, and;
  - c. The child is unmarried, and;
  - d. The child is principally dependent upon the *employee* for support and maintenance, and;
3. An eligible child shall also include any other child of an *employee* or their spouse who is recognized in a Qualified Medical Child Support Order (QMCSO) or National Medical Support Notice (NMSN) which has been issued by any court judgment, decree, or order as being entitled to enrollment for coverage under this *Plan*, even if the child is not residing in the *employee's* household. Such child shall be referred to as an *alternate recipient*. *Alternate recipients* are eligible for coverage only if the *employee* is also covered under this *Plan*. An application for enrollment must be submitted to the *employer* for coverage under this *Plan*. The *employer/plan administrator* shall establish written procedures for determining whether a medical child support order is a QMCSO or NMSN and for administering the provision of benefits under the *Plan* pursuant to a valid QMCSO or NMSN. Within a reasonable period after receipt of a medical child

support order, the *employer/plan administrator* shall determine whether such order is a Qualified Medical Child Support Order (QMCSO) as defined in Section 609 of ERISA, or a National Medical Support Notice (NMSN) as defined in Section 401 of the Child Support Performance and Incentive Act of 1998.

The *employer/plan administrator* reserves the right, waivable at its discretion, to seek clarification with respect to the order from the court or administrative agency which issued the order, up to and including the right to seek a hearing before the court or agency.

4. Adopted children, who are less than eighteen (18) years of age at the time of adoption, shall be considered eligible from the date the child is *placed for adoption*.
5. Upon written notice to the *employer*, a child who has reached his or her twenty-third (23rd) birthday and is principally dependent upon the *employee* for support and maintenance, may also be included herein as an eligible *dependent* until the child's twenty-fifth (25th) birthday, provided such child is unmarried, and is a *full-time student* in a secondary school, accredited college, university or institution of higher learning and is not regularly employed by one or more employers on a full-time basis, exclusive of scheduled vacation periods. It is the *employee's* responsibility to provide the *claims processor* with proof of *full-time student status* for each semester. The *employee* must notify the *employer* when the *dependent* is no longer a *full-time student*.
6. A child who is unmarried, incapable of self-sustaining employment, and dependent upon the *employee* for support due to a mental and/or physical disability, and who was covered under the *Plan* prior to reaching the maximum age limit or due to other loss of *dependent's* eligibility and who lives with the *employee*, will remain eligible for coverage under this *Plan* beyond the date coverage would otherwise be lost.

Proof of incapacitation must be provided within thirty-one (31) days of the child's loss of eligibility and thereafter as requested by the *employer* or *claims processor*, but not more than once every two (2) years. Eligibility may not be continued beyond the earliest of the following:

- a. Cessation of the mental and/or physical disability;
- b. Failure to furnish any required proof of mental and/or physical disability or to submit to any required examination.

Every eligible *employee* may enroll eligible *dependents*. However, if both the husband and wife are *employees*, each individual may be covered as an *employee*. An *employee* cannot be covered as an *employee* and a *dependent*. Eligible children may be enrolled as *dependents* of one spouse, but not both.

## ***DEPENDENT ENROLLMENT***

An *employee* must file a written application with the *employer* for coverage hereunder for his eligible *dependents* within thirty (30) days of becoming eligible for coverage; and within thirty (30) days of marriage or the acquiring of children or birth of a child. The *employee* shall have the responsibility of timely forwarding to the *employer* all applications for enrollment hereunder.



## ***DEPENDENT(S) EFFECTIVE DATE***

Eligible *dependent(s)*, as described in *Eligibility*, will become covered under the *Plan* on the later of the dates listed below, provided the *employee* has enrolled them in the *Plan* within thirty (30) days of meeting the *Plan's* eligibility requirements.

1. The date the *employee's* coverage becomes effective.
2. The date the *dependent* is acquired, provided any required contributions are made and the *employee* has applied for *dependent* coverage within thirty (30) days of the date acquired.
3. Coverage for a newly adopted or to be adopted child shall be effective on the date the child is *placed for adoption*.

## ***SPECIAL ENROLLMENT PERIOD (OTHER COVERAGE)***

An *employee* or *dependent* who did not enroll for coverage under this *Plan* because he was covered under other group coverage or had health insurance coverage at the time he was initially eligible for coverage under this *Plan*, may request a special enrollment period if he is no longer eligible for the other coverage. Special enrollment periods will be granted if the individual's loss of eligibility is due to:

1. Termination of the other coverage (including exhaustion of COBRA benefits)
2. Cessation of employer contributions toward the other coverage
3. Legal separation or divorce
4. Termination of other employment or reduction in number of hours of other employment
5. Death of *dependent* or spouse

The end of any extended benefits period, which has been provided due to any of the above, will also be considered a loss of eligibility.

However, loss of eligibility does not include a loss due to failure of the individual to pay premiums or contributions on a timely basis or termination of coverage for cause (such as making a fraudulent claim or an intentional misrepresentation of a material fact in connection with the other coverage).

The *employee* or *dependent* must request the special enrollment and enroll no later than thirty (30) days from the date of loss of other coverage.

## ***SPECIAL ENROLLMENT PERIOD (DEPENDENT ACQUISITION)***

An *employee* who is not covered under the *Plan*, but who acquires a new *dependent* may request a special enrollment period. For the purposes of this provision, the acquisition of a new *dependent* includes:

- marriage
- birth of a *dependent* child
- adoption or *placement for adoption* of a *dependent* child

The *employee* must request the special enrollment within thirty (30) days of the acquisition of the *dependent*.

The *effective date* of coverage as the result of a special enrollment shall be:

1. in the case of marriage, the date of marriage;
2. in the case of a *dependent's* birth, the date of such birth;
3. in the case of adoption or placement for adoption, the date of such adoption or placement for adoption.

## ***OPEN ENROLLMENT***

Open enrollment is the period designated by the *employer* during which the *employee* may change benefit plans or enroll in the *Plan* if he did not do so when first eligible or does not qualify for a special enrollment period. An open enrollment will be permitted once in each calendar year during the month of December.

During this open enrollment period, an *employee* and his *dependents* who are covered under this *Plan* or covered under any *employer* sponsored health plan may elect coverage or change coverage under this *Plan* for himself and his eligible *dependents*. An *employee* must make written application as provided by the *employer* during the open enrollment period to change benefit plans.

The *effective date* of coverage as the result of an open enrollment period will be the following January 1<sup>st</sup>.

Except for a status change listed below, the open enrollment period is the only time an *employee* may change benefit options or modify enrollment. Status changes include:

1. Change in family status. A change in family status shall include only:
  - a. Change in *employee's* legal marital status;
  - b. Change in number of *dependents*;
  - c. Termination or commencement of employment by the *employee*, spouse or *dependent*;
  - d. Change in work schedule;
  - e. *Dependent* satisfies (or ceases to satisfy) *dependent* eligibility requirements;
  - f. Change in residence or worksite of *employee*, spouse or *dependent*.
2. Change in the cost of coverage under the *employer's* group medical plan.
3. Cessation of required contributions.
4. Taking or returning from a *leave of absence* under the Family and Medical Leave Act.
5. Significant change in the health coverage of the *employee* or spouse attributable to the spouse's employment.

6. A Special Enrollment Period as mandated by the Health Insurance Portability and Accountability Act.
7. A court order, judgment or decree.
8. Entitlement to *Medicare* or Medicaid.
9. A COBRA qualifying event.

# TERMINATION OF COVERAGE

Except as provided in the *Plan's Continuation of Coverage* (COBRA) provision, coverage will terminate on the earliest of the following dates:

## ***TERMINATION OF EMPLOYEE COVERAGE***

1. The date the *employer* terminates the *Plan* and offers no other group health plan.
2. The last day of the month in which the *employee* ceases to meet the eligibility requirements of the *Plan*.
3. The last day of the month in which employment terminates, as defined by the *employer's* personnel policies.
4. The date the *employee* becomes a full-time, active member of the armed forces of any country.
5. The date the *employee* ceases to make any required contributions.

## ***TERMINATION OF DEPENDENT(S) COVERAGE***

1. The date the *employer* terminates the *Plan* and offers no other group health plan.
2. The date the *employee's* coverage terminates.
3. The date such person ceases to meet the eligibility requirements of the *Plan*.
4. The date the *employee* ceases to make any required contributions on the *dependent's* behalf.
5. Cessation of *full-time student status* for *dependent* children age twenty-three (23) or older shall terminate coverage on the earliest of the following dates:
  - a. The last day of the month in which the *dependent* is no longer a *full-time student*.
  - b. The last day of the month in which the school reconvenes after school vacation, if the *dependent* fails to meet the *full-time student* criteria.
  - c. The last day of the month in which graduation occurs.
  - d. The last day of the month in which the *dependent* reaches the *full-time student status* age as stated in *Dependent(s) Eligibility*.
6. The date the *dependent* becomes a full-time, active member of the armed forces of any country.
7. The date the *Plan* discontinues *dependent* coverage for any and all *dependents*.
8. The date of the divorce from the *employee*.

## ***LEAVE OF ABSENCE***

Coverage may be continued for a limited time, contingent upon payment of any required contributions for *employees* and/or *dependents*, when the *employee* is on an authorized *leave of absence* from the *employer*.

## ***LAYOFF***

Coverage may be continued for a limited time, contingent upon payment of any required contributions for *employees* and/or *dependents*, when the *employee* is subject to an *employer layoff*.

## ***FAMILY AND MEDICAL LEAVE ACT (FMLA)***

### *Eligible Leave*

An *employee* who is eligible for unpaid leave and benefits under the terms of the Family and Medical Leave Act of 1993, as amended, has the right to continue coverage under this *Plan* for up to twelve (12) weeks during any twelve (12) month period.

### *Contributions*

During this leave, the *employer* will continue to pay the same portion of the *employee's* contribution for the *Plan*. The *employee* shall be responsible to continue payment for eligible *dependent's* coverage and any remaining *employee* contributions. If the covered *employee* fails to make the required contribution during a FMLA leave within thirty (30) days after the date the contribution was due, the coverage will terminate effective on the date the contribution was due.

### *Reinstatement*

If coverage under the *Plan* was terminated during an approved FMLA leave, and the *employee* returns to active work immediately upon completion of that leave, *Plan* coverage will be reinstated on the date the *employee* returns to active work as if coverage had not terminated, provided the *employee* makes any necessary contributions and enrolls for coverage within thirty (30) days of his return to active work.

### *Repayment Requirement*

The *employer* may require *employees* who fail to return from a leave under FMLA to repay any contributions paid by the *employer* on the *employee's* behalf during an unpaid leave. This repayment will be required only if the *employee's* failure to return from such leave is not related to a "serious health condition," as defined in FMLA, or events beyond the *employee's* control.

## ***EMPLOYEE REINSTATEMENT***

An *employee* who returns to work after a separation of service will be considered a new *employee* for purposes of eligibility and will be subject to all eligibility requirements, including all requirements relating to the *effective date* of coverage and the *pre-existing condition* limitations.

## ***FAMILY SECURITY BENEFITS***

If an *employee* dies while covered by this *Plan*, coverage will continue at the same coverage level for any *dependents* who are covered under the *Plan* when the *employee* died, without payment of premiums, until the earliest of the following:

1. remarriage of the surviving spouse, in which case the coverage for all family members will terminate;
2. the date a *dependent* ceases to meet the eligibility requirements of the *Plan*;
3. two years from the date of the *employees* death;
4. the date the *Plan* is terminated.

The coverage which is continued in force for family member children because of the *employees* death will not be affected if the surviving spouse dies during the two year (maximum) continuation of coverage.

Any extension of benefits after termination of coverage applies to family members when the coverage provided by the *Family Security Benefit* terminates.

## ***CERTIFICATES OF COVERAGE***

The *plan administrator* shall provide each terminating *covered person* with a Certificate of Coverage, certifying the period of time the individual was covered under this *Plan*. For *employees* with *dependent* coverage, the certificate provided may include information on all covered *dependents*. This *Plan* intends to, at all times, comply with the provisions of the Health Insurance Portability and Accountability Act of 1996.

# CONTINUATION OF COVERAGE

In order to comply with federal regulations, this *Plan* includes a continuation of coverage option for certain individuals whose coverage would otherwise terminate. The following is intended to comply with the Public Health Services Act. This continuation of coverage may be commonly referred to as "COBRA coverage" or "continuation coverage."

The coverage which may be continued under this provision consists of health coverage. It does not include life insurance benefits, accidental death and dismemberment benefits, or income replacement benefits. Health coverage includes dental benefits as provided under the *Plan*.

## ***QUALIFYING EVENTS***

Qualifying events are any one of the following events that would cause a *covered person* to lose coverage under this *Plan* or cause an increase in required contributions, even if such loss of coverage or increase in required contributions does not take effect immediately, and allow such person to continue coverage beyond the date described in *Termination of Coverage*:

1. Death of the *employee*.
2. The *employee's* termination of employment (other than termination for gross misconduct), or reduction in work hours to less than the minimum required for coverage under the *Plan*. This event is referred to below as an "18-Month Qualifying Event."
3. Divorce from the *employee*.
4. The *employee's* entitlement to *Medicare* benefits under Title XVIII of the Social Security Act, if it results in the loss of coverage under this *Plan*.
5. A *dependent* child no longer meets the eligibility requirements of the *Plan*.
6. The last day of leave under the Family and Medical Leave Act of 1993, or an earlier date on which the *employee* informs the *employer* that he or she will not be returning to work.
7. The call-up of an *employee* reservist to active duty.

## ***NOTIFICATION REQUIREMENTS***

1. When eligibility for continuation of coverage results from a spouse being divorced or legally separated from a covered *employee*, or a child's loss of *dependent* status, the *employee* or *dependent* must submit a completed Qualifying Event Notification form to the *plan administrator* or its designee within sixty (60) days of the latest of:
  - (a) The date of the event;
  - (b) The date on which coverage under this *Plan* is or would be lost as a result of that event; or
  - (c) The date on which the *employee* or *dependent* is furnished with a copy of this Plan Document and Summary Plan Description.

A copy of the Qualifying Event Notification form is available from the *plan administrator* (or its designee). In addition, the *employee* or *dependent* may be required to promptly provide any supporting documentation as may be reasonably requested for purposes of verification. Failure to provide such notice and any requested supporting documentation will result in the person forfeiting their rights to continuation of coverage under this provision.

Within fourteen (14) days of the receipt of a properly completed Qualifying Event Notification, the *plan administrator* (or its designee) will notify the *employee* or *dependent* of his rights to continuation of coverage, and what process is required to elect continuation of coverage. This notice is referred to below as "Election Notice."

When eligibility for continuation coverage results from any qualifying event under this *Plan* other than the ones described in Paragraph 1 above, the *plan administrator* will furnish an Election Notice to the *employee* or *dependent* not later than forty-four (44) days after the date on which the *employee* or *dependent* loses coverage under this *Plan* due to the qualifying event.

3. In the event it is determined that an individual seeking continuation coverage (or extension of continuation coverage) is not entitled to such coverage, the *plan administrator* (or its designee) will provide to such individual an explanation as to why the individual is not entitled to continuation coverage. This notice is referred to here as the "Non-Eligibility Notice." The Non-Eligibility Notice will be furnished in accordance with the same time frame as applicable to the furnishing of the Election Notice.
4. In the event an Election Notice is furnished, the eligible *employee* or *dependent* has sixty (60) days to decide whether to elect continued coverage. Each person who is described in the Election Notice and was covered under the *Plan* on the day before the qualifying event has the right to elect continuation of coverage on an individual basis, regardless of family enrollment. If the *employee* or *dependent* chooses to have continuation coverage, he must advise the *plan administrator* (or its designee) of this choice by returning to the *plan administrator* (or its designee) a properly completed Election Notice not later than the last day of the sixty (60) day period. If the Election Notice is mailed to the *plan administrator* (or its designee), it must be postmarked on or before the last day of the sixty (60) day period. This sixty (60) day period begins on the later of the following:
  - (a) The date coverage under the *Plan* would otherwise end; or
  - (b) The date the person receives the Election Notice from the *plan administrator* (or its designee).
5. Within forty-five (45) days after the date the person notifies the *plan administrator* (or its designee) that he has chosen to continue coverage, the person must make the initial payment. The initial payment will be the amount needed to provide coverage from the date continued benefits begin, through the last day of the month in which the initial payment is made. Thereafter, payments for the continuation coverage are to be made monthly, and are due in advance, on the first day each month.

## ***COST OF COVERAGE***

1. The *Plan* requires that *covered persons* pay the entire costs of their continuation coverage, plus a two percent (2%) administrative fee. Except for the initial payment (see above), payments must be remitted to the *plan administrator* (or its designee) by or before the first day of each month during the continuation period. The payment must be remitted on a timely basis in order to maintain the coverage in force.
2. For a person originally covered as an *employee* or as a spouse, the cost of coverage is the amount applicable to an *employee* if coverage is continued for himself alone. For a person originally covered as a child and continuing coverage independent of the family unit, the cost of coverage is the amount applicable to an *employee*.



## ***WHEN CONTINUATION COVERAGE BEGINS***

When continuation coverage is elected and the initial payment is made within the time period required, coverage is reinstated back to the date of the loss of coverage, so that no break in coverage occurs. Coverage for ***dependents*** acquired and properly enrolled during the continuation period begins in accordance with the enrollment provisions of the ***Plan***.

## ***FAMILY MEMBERS ACQUIRED DURING CONTINUATION***

A spouse or ***dependent*** child newly acquired during continuation coverage is eligible to be enrolled as a ***dependent***. The standard enrollment provision of the ***Plan*** applies to enrollees during continuation coverage. A ***dependent*** acquired and enrolled after the original qualifying event, other than a child born to or ***placed for adoption*** with a covered ***employee*** during a period of COBRA continuation coverage, is not eligible for a separate continuation if a subsequent event results in the person's loss of coverage.

## ***EXTENSION OF CONTINUATION COVERAGE***

1. In the event any of the following events occur during the period continuation coverage resulting from an 18-Month Qualifying Event, it is possible for a ***dependent's*** continuation coverage to be extended:
  - (a) Death of the ***employee***.
  - (b) Divorce or legal separation from the ***employee***.
  - (c) The child's loss of ***dependent*** status.

Written notice of such event must be provided by submitting a completed Additional Extension Event Notification form to the ***plan administrator*** (or its designee) within sixty (60) days of the latest of:

- (i) The date of that event;
- (ii) The date on which coverage under this ***Plan*** would be lost as a result of that event if the first qualifying event had not occurred; or
- (iii) The date on which the ***employee*** or ***dependent*** is furnished with a copy of this Plan Document and Summary Plan Description.

A copy of the Additional Extension Event Notification form is available from the ***plan administrator***. In addition, the ***dependent*** may be required to promptly provide any supporting documentation as may be reasonably required for purposes of verification. Failure to properly provide the Additional Extension Event Notification and any requested supporting documentation will result in the person forfeiting their rights to extend continuation coverage under this provision. In no event will any extension of continuation coverage extend beyond thirty-six (36) months from the later of the date of the first qualifying event or the date as of which continuation coverage began.

Only a person covered prior to the original qualifying event or a child born to or ***placed for adoption*** with a covered ***employee*** during a period of COBRA coverage may be eligible to continue coverage through an extension of continuation coverage as described above. Any other ***dependent*** acquired during continuation coverage is not eligible to extend continuation coverage as described above.

2. A person who loses coverage on account of an 18-Month Qualifying Event may extend the maximum period of continuation coverage from eighteen (18) months to up to twenty-nine (29) months in the event both of the following occur:

- (a) That person (or another person who is entitled to continuation coverage on account of the same 18-Month Qualifying Event) is determined by the Social Security Administration, under Title II or Title XVI of the Social Security Act, to have been disabled before the sixtieth (60<sup>th</sup>) day of continuation coverage; and
- (b) The disability status, as determined by the Social Security Administration, lasts at least until the end of the initial eighteen (18) month period of continuation coverage.

The disabled person (or his representative) must submit written proof of the Social Security Administration's disability determination to the *plan administrator* (or its designee) within the initial eighteen (18) month period of continuation coverage and no later than sixty (60) days after the latest of:

- (i) The date of the disability determination by the Social Security Administration;
- (ii) The date of the 18-Month Qualifying Event;
- (iii) The date on which the person loses (or would lose) coverage under this *Plan* as a result of the 18-Month Qualifying Event; or
- (iv) The date on which the person is furnished with a copy of this Plan Document and Summary Plan Description.

Should the disabled person fail to notify the *plan administrator* (or its designee) in writing within the time frame described above, the disabled person (and others entitled to disability extension on account of that person) will then be entitled to whatever period of continuation he or they would otherwise be entitled to, if any. The *Plan* may require that the individual pay one hundred and fifty percent (150%) of the cost of continuation coverage during the additional eleven (11) months of continuation coverage. In the event the Social Security Administration makes a final determination that the individual is no longer disabled, the individual must provide notice of that final determination no later than thirty (30) days after the later of:

- (A) The date of the final determination by the Social Security Administration; or
- (B) The date on which the individual is furnished with a copy of this Plan Document and Summary Plan Description.

## ***END OF CONTINUATION***

Continuation of coverage under this provision will end on the earliest of the following dates:

- 1. Eighteen (18) months (or twenty-nine (29) months if continuation coverage is extended due to certain disability status as described above) from the date continuation began because of an 18-Month Qualifying Event or the last day of leave under the Family and Medical Leave Act of 1993.
- 2. Twenty-four (24) months from the date continuation began because of the call-up to military duty.
- 3. Thirty-six (36) months from the date continuation began for *dependents* whose coverage ended because of the death of the *employee*, divorce or legal separation from the *employee*, or the child's loss of *dependent* status.

4. The end of the period for which contributions are paid if the *covered person* fails to make a payment by the date specified by the *plan administrator* (or its designee). In the event continuation coverage is terminated for this reason, the individual will receive a notice describing the reason for the termination of coverage, the effective date of termination, and any rights the individual may have under this *Plan* or under applicable law to elect an alternative group or individual coverage, such as a conversion right. This notice is referred to below as an "Early Termination Notice."
5. The date coverage under this *Plan* ends and the *employer* offers no other group health benefit plan. In the event continuation coverage is terminated for this reason, the individual will receive an Early Termination Notice.
6. The date the *covered person* first becomes entitled, after the date of the *covered person's* original election of continuation coverage, to *Medicare* benefits under Title XVIII of the Social Security Act. In the event continuation coverage is terminated for this reason, the individual will receive an Early Termination Notice.
7. The date the *covered person* first becomes covered under any other employer's group health plan after the original date of the *covered person's* election of continuation coverage, but only if such group health plan does not have any exclusion or limitation that affects coverage of the *covered person's pre-existing condition*. In the event continuation coverage is terminated for this reason, the individual will receive an Early Termination Notice.
8. For the spouse or *dependent* child of a covered *employee* who becomes entitled to *Medicare* prior to the spouse's or *dependent's* election for continuation coverage, thirty-six (36) months from the date the covered *employee* becomes entitled to *Medicare*.

## ***SPECIAL RULES REGARDING NOTICES***

1. Any notice required in connection with continuation coverage under this *Plan* must, at minimum, contain sufficient information so that the *plan administrator* (or its designee) is able to determine from such notice the *employee* and *dependent(s)* (if any), the qualifying event or disability, and the date on which the qualifying event occurred.
2. In connection with continuation coverage under this *Plan*, any notice required to be provided by any individual who is either the *employee* or a *dependent* with respect to the qualifying event may be provided by a representative acting on behalf of the *employee* or the *dependent*, and the provision of the notice by one individual shall satisfy any responsibility to provide notice on behalf of all related eligible individuals with respect to the qualifying event.
3. As to an Election Notice, Non-Eligibility Notice or Early Termination Notice:
  - (a) A single notice addressed to both the *employee* or the spouse will be sufficient as to both individuals if, on the basis of the most recent information available to the *Plan*, the spouse resides at the same location as the *employee*; and
  - (b) A single notice to the *employee* or the spouse will be sufficient as to each *dependent* child of the *employee* if, on the basis of the most recent information available to the *Plan*, the *dependent* child resides at the same location as the individual to whom such notice is provided.

## ***MILITARY MOBILIZATION***

If an *employee* is called for active duty by the United States Armed Services (including the Coast Guard, the National Guard or the Public Health Service), the *employee* and the *employee's dependent* may continue their health coverages, pursuant to the Uniformed Services Employment and Reemployment Rights Act (USERRA).

When the leave is less than thirty-one (31) days, the *employee* and the *employee's dependent* may not be required to pay more than the *employee's* share, if any, applicable to that coverage. If the leave is thirty-one (31) days or longer, then the *plan administrator* (or its designee) may require the *employee* and the *employee's dependent* to pay no more than one hundred and two percent (102%) of the full contribution.

The maximum length of the continuation coverage required under the Uniformed Services Employment and Reemployment Rights Act (USERRA) is the lesser of:

1. Eighteen (18) months beginning on the day that the leave commences, or
2. A period beginning on the day that the leave began and ending on the day after the *employee* fails to return to employment within the time allowed.

The period of continuation coverage under USERRA will be counted toward any continuation coverage period concurrently available under COBRA. Upon return from active duty, the *employee* and the *employee's dependent* will be reinstated without a waiting period, regardless of their election of COBRA continuation coverage.

## ***PLAN CONTACT INFORMATION***

Questions concerning this *Plan*, including any available continuation coverage, can be obtained from the *plan administrator*.

CoreSource, Inc.  
P.O. Box 279  
Sheldon, IA 51201-0279

## ***ADDRESS CHANGES***

In order to help ensure the appropriate protection of rights and benefits under this *Plan*, *covered persons* should keep the *plan administrator* informed of any changes to their current addresses.

# DENTAL CLAIM FILING PROCEDURE

Claims for *Plan* benefits are “post-service claims” and are subject to the rules described in the section *Post-Service Claim Procedure*.

## POST-SERVICE CLAIM PROCEDURE

### *FILING A CLAIM*

1. A claim form is to be completed for each covered family member at the beginning of the calendar year and for each claim involving an *injury*. Appropriate claim forms are available from the Human Resource Department.

2. Claims should be submitted to the *claims processor* at the address noted below:

CoreSource, Inc.  
P.O. Box 279  
Sheldon, IA 51201-0279

The date of receipt will be the date the claim is received by the *claims processor*.

3. All claims submitted for benefits must contain all of the following:

- a. Name of patient
- b. Patient’s date of birth.
- c. Name of *employee*.
- d. Address of *employee*.
- e. Name of *employer* and group number.
- f. Name, address and tax identification number of provider.
- g. *Employee* Social Security Number.
- h. Date of service.
- i. Description of service and procedure number.
- j. Charge for service.
- k. The nature of the *accident, injury* or *illness* being treated.

Cash register receipts, credit card copies and cancelled checks are not acceptable.

4. Properly completed claims not submitted within eighteen (18) months from the date the services were rendered will not be a *covered expense* and will be denied.

The *covered person* may ask the provider to submit the claim directly to the *claims processor*, or the *covered person* may submit the bill with a claim form. However, it is ultimately the *covered person’s* responsibility to make sure the claim for benefits has been filed.

### *NOTICE OF AUTHORIZED REPRESENTATIVE*

The *covered person* may provide the *plan administrator* or their designee with a written authorization for an authorized representative to represent and act on behalf of a *covered person* and consent to the release of information related to the *covered person* to the authorized representative with respect to a claim for benefits or an appeal. Authorization forms may be obtained from the Human Resource Department.

## ***NOTICE OF CLAIM***

A claim for benefits should be submitted to the *claims processor* within ninety (90) calendar days after the occurrence or commencement of any services by the *Plan*, or as soon thereafter as reasonably possible.

Failure to file a claim within the time provided shall not invalidate or reduce a claim for benefits if: (1) it was not reasonably possible to file a claim within that time; and (2) that such claim was furnished as soon as possible, but no later than eighteen (18) months after the loss occurs or commences, unless the claimant is legally incapacitated.

Notice given by or on behalf of a *covered person* or his beneficiary, if any, to the *plan administrator* or to any authorized agent of the *Plan*, with information sufficient to identify the *covered person*, shall be deemed notice of claim.

## ***TIME FRAME FOR BENEFIT DETERMINATION***

After a completed claim has been submitted to the *claims processor*, and no additional information is required, the *claims processor* will generally complete its determination of the claim within thirty (30) calendar days of receipt of the completed claim unless an extension is necessary due to circumstances beyond the *Plan's* control.

After a completed claim has been submitted to the *claims processor*, and if additional information is needed for determination of the claim, the *claims processor* will provide the *covered person* (or authorized representative) with a notice detailing information needed. The notice will be provided within thirty (30) calendar days of receipt of the completed claim and will state the date as of which the *Plan* expects to make a decision. The *covered person* will have forty-five (45) calendar days to provide the information requested, and the *Plan* will complete its determination of the claim within fifteen (15) calendar days of receipt by the *claims processor* of the requested information. Failure to respond in a timely and complete manner will result in the denial of benefit payment.

## ***NOTICE OF BENEFIT DENIAL***

If the claim for benefits is denied, the *plan administrator* or their designee shall provide the *covered person* or authorized representative with a written Notice of Benefit Denial within the time frames described immediately above.

The Notice of Benefit Denial shall include an explanation of the denial, including:

1. The specific reasons for the denial.
2. Reference to the *Plan* provisions on which the denial is based.
3. A description of any additional material or information needed and an explanation of why such material or information is necessary.
4. A description of the *Plan's* claim review procedure and applicable time limits.
5. If an internal rule, guideline, protocol or other similar criterion was relied upon, the Notice of Benefit Denial will contain either:
  - a. A copy of that criterion, or
  - b. A statement that such criterion was relied upon and will be supplied free of charge, upon request.
6. If denial was based on *medical necessity*, *experimental/investigational* treatment or similar exclusion or limit, the *Plan* will supply either:
  - a. An explanation of the scientific or clinical judgment, applying the terms of the *Plan* to the *covered person's* medical circumstances, or
  - b. A statement that such explanation will be supplied free of charge, upon request.

## ***APPEALING A DENIED POST-SERVICE CLAIM***

The “***named fiduciary***” for purposes of an appeal of a Post-Service Claim, as described in U. S. Department of Labor Regulations 2560.503-1 (issued November 21, 2000), is the ***claims processor*** except for those appeals detailed in the ***Right to External Review of Denied Claims – Post Service Appeal*** section of this Claim Filing Procedure.

A ***covered person***, or the ***covered person’s*** authorized representative, may request a review of a denied claim by making written request to the ***named fiduciary*** within one hundred eighty (180) calendar days from receipt of notification of the denial and stating the reasons the ***covered person*** feels the claim should not have been denied.

The following describes the review process and rights of the ***covered person***:

1. The ***covered person*** has a right to submit documents, information and comments.
2. The ***covered person*** has the right to access, free of charge, ***relevant information*** to the claim for benefits.
3. The review takes into account all information submitted by the ***covered person***, even if it was not considered in the initial benefit determination.
4. The review by the ***named fiduciary*** will not afford deference to the original denial.
5. The ***named fiduciary*** will not be:
  - a. The individual who originally denied the claim, nor
  - b. Subordinate to the individual who originally denied the claim.
6. If original denial was, in whole or in part, based on medical judgment:
  - a. The ***named fiduciary*** will consult with a ***professional provider*** who has appropriate training and experience in the field involving the medical judgment; and
  - b. The ***professional provider*** utilized by the ***named fiduciary*** will be neither:
    - i. An individual who was consulted in connection with the original denial of the claim, nor
    - ii. A subordinate of any other ***professional provider*** who was consulted in connection with the original denial.
7. If requested, the ***named fiduciary*** will identify the medical or vocational expert(s) who gave advice in connection with the original denial, whether or not the advice was relied upon.

## ***NOTICE OF BENEFIT DETERMINATION ON APPEAL***

The ***plan administrator*** or their designee shall provide the ***covered person*** (or authorized representative) with a written Notice of Appeal Decision within sixty (60) calendar days of receipt of a written request for the appeal.

If the appeal is denied, the Notice of Appeal Decision will contain an explanation of the Decision, including:

1. The specific reasons for the denial.
2. Reference to specific ***Plan*** provisions on which the denial is based.
3. A statement that the ***covered person*** has the right to access, free of charge, ***relevant information*** to the claim for benefits.
4. If an internal rule, guideline, protocol or other similar criterion was relied upon, the Notice of Appeal Decision will contain either:
  - a. A copy of that criterion, or
  - b. A statement that such criterion was relied upon and will be supplied free of charge, upon request.
5. If the denial was based on ***medical necessity, experimental/investigational*** treatment or similar exclusion or limit, the ***Plan*** will supply either:
  - a. An explanation of the scientific or clinical judgment, applying the terms of the ***Plan*** to the claimant’s medical circumstances, or
  - b. A statement that such explanation will be supplied free of charge, upon request.

## ***RIGHT TO EXTERNAL REVIEW OF DENIED CLAIMS-POST SERVICE APPEAL*** (including reduction or termination of coverage)

The following is available in the State of Ohio for *covered persons* under Ohio Public Employee Benefit Plans.

Once the internal appeal process has been exhausted and the initial denial or reduction of benefits has been upheld, the *covered person* or authorized representative has the right to request a review by the Ohio Superintendent of Insurance.

The following conditions must be met by the *covered person* to request an external review through the Ohio Department of Insurance:

- The *Plan* has determined the service the *covered person* wants is not *medically necessary*; and
  - The *professional provider* documents that the service will cost the *covered person* more than \$500 if not covered; and
  - The *covered person* requests external review within 60 days of being notified about the *Plan's* appeal decision
1. The *covered person* must submit a request for external review in writing (note process for expedited review below) within 60 days of Notice of Benefit Determination on Appeal to:  

Superintendent of Insurance  
Consumer Services Division  
Ohio Department of Insurance  
2100 Stella Court  
Columbus, OH 43215-1067
  2. Once received, the Ohio Superintendent shall consider whether the service is a *covered expense* under the *Plan*. The Ohio Superintendent will notify the *covered person* and the *Plan* of its determination or advise that it is not able to make a determination because of a medical issue.
  3. If the Ohio Superintendent of Insurance determines that it is a *covered expense*, the *Plan* must either pay the *covered expense* or allow the *covered person* an external review.
  4. If the Ohio Superintendent determines it is not a *covered expense*, the *Plan* is not required to offer an external review.
  5. If the Ohio Superintendent cannot make a determination for the reason that a decision requires resolution of a medical issue, the *Plan* must allow an opportunity for an external review at its expense.
  6. If review for *medical necessity* is required, the Ohio Superintendent will assign an Independent Review Organization (IRO) which has been accredited through the Ohio Department of Insurance.
  7. A written decision will be issued not later than thirty days after the filing of the request for review. The IRO shall send a copy of its decision to the *Plan* and the *covered person*.

### ***EXPEDITED REVIEW***

If the *covered person's* condition requires expedited review, the review may be requested orally or by electronic means. Written confirmation of such request shall be submitted to the *Plan* not later than five days after the oral or electronic request is submitted. A decision will be made within seven days of receipt by IRO from when all necessary information is received. For expedited review, the *covered person's professional provider* must certify



that the *covered person's* condition could, in the absence of immediate medical attention, result in any of the following:

1. Place the health of the *covered person* or, with respect to a pregnant woman, the health of the *covered person* or the unborn child, in serious jeopardy;
2. Cause serious impairment to bodily functions; or
3. Cause serious dysfunction of any bodily organ or part.

A written decision will be issued not later than seven days after the filing of the request for review. The Independent Review Organization (IRO) shall send a copy of its decision to the *Plan* and the *covered person*.

## ***EXTERNAL REVIEW FOR TERMINAL ILLNESS***

The *Plan* allows for an external review when:

1. The *professional provider* concludes the illness is likely to cause death within two years; AND
2. The *professional provider* gives written opinion that:
  - a. Standard treatments have not helped OR
  - b. Standard treatments are not medically appropriate OR
  - c. No standard treatment works as well as some other treatment; AND
3. Coverage was denied because the *Plan* considered the *professional provider's* recommended treatment *experimental*; AND
4. The *Plan's* internal appeal process has already denied coverage for the treatment.

## ***FOREIGN CLAIMS***

In the event a *covered person* incurs a *covered expense* in a foreign country, the *covered person* shall be responsible for providing the following information to the *claims processor* before payment of any benefits due are payable.

1. The claim form, provider invoice and any documentation required to process the claim must be submitted in the English language.
2. The charges for services must be converted into U.S. dollars.
3. A current published conversion chart, validating the conversion from the foreign country's currency into U.S. dollars, must be submitted with the claim.

# COORDINATION OF BENEFITS

The *Coordination of Benefits* provision is intended to prevent duplication of benefits. It applies when the *covered person* is also covered by any Other Plan(s). When more than one coverage exists, one plan normally pays its benefits in full, referred to as the primary plan. The Other Plan(s), referred to as secondary plan, pays a reduced benefit. When coordination of benefits occurs, the total benefit payable by all plans will not exceed one hundred percent (100%) of "allowable expenses." Only the amount paid by this *Plan* will be charged against the *maximum benefit*.

The *Coordination of Benefits* provision applies whether or not a claim is filed under the Other Plan(s). If another plan provides benefits in the form of services rather than cash, the reasonable value of the service rendered shall be deemed the benefit paid.

## ***DEFINITIONS APPLICABLE TO THIS PROVISION***

"Allowable Expenses" means any reasonable, necessary, and customary expenses *incurred* while covered under this *Plan*, part or all of which would be covered under this *Plan*. Allowable Expenses do not include expenses contained in the "Exclusions" sections of this *Plan*.

When this *Plan* is secondary, "Allowable Expense" will include any deductible or *coinsurance* amounts not paid by the Other Plan(s).

This *Plan* is not eligible to be elected as primary coverage in lieu of automobile benefits. Payments from automobile insurance will always be primary and this *Plan* shall be secondary only.

When this *Plan* is secondary, "Allowable Expense" shall not include any amount that is not payable under the primary plan as a result of a contract between the primary plan and a provider of service in which such provider agrees to accept a reduced payment and not to bill the *covered person* for the difference between the provider's contracted amount and the provider's regular billed charge.

"Other Plan" means any plan, policy or coverage providing benefits or services for, or by reason of medical, dental or vision care. Such Other Plan(s) may include, without limitation:

1. Group insurance or any other arrangement for coverage for *covered persons* in a group, whether on an insured or uninsured basis, including, but not limited to, hospital indemnity benefits and hospital reimbursement-type plans;
2. Hospital or medical service organization on a group basis, group practice, and other group prepayment plans or on an individual basis having a provision similar in effect to this provision;
3. A licensed Health Maintenance Organization (HMO);
4. Any coverage for students which is sponsored by, or provided through, a school or other educational institution;
5. Any coverage under a government program and any coverage required or provided by any statute;
6. Group automobile insurance;

7. Individual automobile insurance coverage;
8. Individual automobile insurance coverage based upon the principles of "No-fault" coverage;
9. Any plan or policies funded in whole or in part by an employer, or deductions made by an employer from a person's compensation or retirement benefits;
10. Labor/management trustee, union welfare, employer organization, or employee benefit organization plans.

"This *Plan*" shall mean that portion of the *employer's Plan* which provides benefits that are subject to this provision.

"Claim Determination Period" means a calendar year or that portion of a calendar year during which the *covered person* for whom a claim is made has been covered under this *Plan*.

### ***EFFECT ON BENEFITS***

This provision shall apply in determining the benefits for a *covered person* for each claim determination period for the Allowable Expenses. If this *Plan* is secondary, the benefits paid under this *Plan* may be reduced so that the sum of benefits paid by all plans does not exceed 100% of total Allowable Expenses.

If the rules set forth below would require this *Plan* to determine its benefits before such Other Plan, then the benefits of such Other Plan will be ignored for the purposes of determining the benefits under this *Plan*.

### ***ORDER OF BENEFIT DETERMINATION***

Each plan will make its claim payment according to the following order of benefit determination:

1. No Coordination of Benefits Provision  
If the Other Plan contains no provisions for coordination of benefits, then its benefits shall be paid before all Other Plan(s).
2. Member/Dependent  
The plan which covers the claimant as a member (or named insured) pays as though no Other Plan existed. Remaining *covered expenses* are paid under a plan which covers the claimant as a *dependent*.
3. Dependent Children of Parents not Separated or Divorced  
The plan covering the parent whose birthday (month and day) occurs earlier in the year pays first. The plan covering the parent whose birthday falls later in the year pays second. If both parents have the same birthday, the plan that covered a parent longer pays first. A parent's year of birth is not relevant in applying this rule.
4. Dependent Children of Separated or Divorced Parents  
When parents are separated or divorced, the birthday rule does not apply, instead:
  - a. If a court decree has given one parent financial responsibility for the child's health care, the plan of that parent pays first. The plan of the stepparent married to that parent, if any, pays second. The plan of the other natural parent pays third. The plan of the spouse of the other natural parent, if any, pays fourth.
  - b. In the absence of such a court decree, the plan of the parent with custody pays first. The plan of the stepparent married to the parent with custody, if any, pays second. The plan of the parent without custody pays third. The plan of the spouse of the parent without custody, if any, pays fourth.

5. Active/Inactive  
The plan covering a person as an active (not laid off or retired) *employee* or as that person's *dependent* pays first. The plan covering that person as a laid off or retired *employee*, or as that person's *dependent* pays second.
6. Limited Continuation of Coverage  
If a person is covered under another group health plan, but is also covered under this *Plan* for continuation of coverage due to the Other Plan's limitation or exclusions, the Other Plan shall be primary.
7. Longer/Shorter Length of Coverage  
If none of the above rules determine the order of benefits, the plan covering a person longer pays first. The plan covering that person for a shorter time pays second.

## ***LIMITATIONS ON PAYMENTS***

In no event shall the *covered person* recover under this *Plan* and all Other Plan(s) combined more than the total Allowable Expenses offered by this *Plan* and the Other Plan(s). Nothing contained in this section shall entitle the *covered person* to benefits in excess of the total *maximum benefits* of this *Plan* during the claim determination period. The *covered person* shall refund to the *employer* any excess it may have paid.

## ***RIGHT TO RECEIVE AND RELEASE NECESSARY INFORMATION***

For the purposes of determining the applicability of and implementing the terms of this *Coordination of Benefits* provision, the *Plan* may, without the consent of or notice to any person, release to or obtain from any insurance company or any other organization any information, regarding other insurance, with respect to any *covered person*. Any person claiming benefits under this *Plan* shall furnish to the *employer* such information as may be necessary to implement the *Coordination of Benefits* provision.

## ***FACILITY OF BENEFIT PAYMENT***

Whenever payments which should have been made under this *Plan* in accordance with this provision have been made under any Other Plan, the *employer* shall have the right, exercisable alone and in its sole discretion, to pay over to any organization making such other payments any amounts it shall determine to be warranted in order to satisfy the intent of this provision. Amounts so paid shall be deemed to be benefits paid under this *Plan* and, to the extent of such payments, the *employer* shall be fully discharged from liability.

# SUBROGATION/REIMBURSEMENT

The **Plan** maintains the right to seek reimbursement on its own behalf: the right of subrogation. The **Plan** also reserves the right to reimbursement upon a **covered person's** (a covered **employee** or a covered **dependent**) receipt of settlement, judgment, or award: the right of reimbursement. The **Plan** reserves the right of recovery, either by subrogation or reimbursement, for **covered expenses** payable by the **Plan** which are a result of **illness** or **injury**. The **Plan** shall be reimbursed from the first monies recovered as the result of judgment, settlement or otherwise. (This is known as "Pro tanto" subrogation). This right includes the **Plan's** right to receive reimbursement from uninsured or underinsured motorist coverage and no-fault coverage.

Accepting benefits from this **Plan** automatically assigns to it any rights the **covered person** may have to recover benefits from any party, including an insurer or another group health program. This right of recovery allows the **Plan** to pursue any claim which the **covered person** may have against any party, group health program or insurer, whether or not the **covered person** chooses to pursue that claim. This includes a right to recover from no-fault auto insurance carriers in a situation where no third party may be liable, or from any uninsured or underinsured motorist coverage where the recovery was triggered by the actions of a party which caused or contributed to the payment of benefits under this **Plan**. This also includes a right to recover from amounts the **covered person** received from Workers' Compensation, whether by judgment or settlement, where the **Plan** has paid benefits prior to a determination that the medical expenses arose out of and in the course of employment. Payment by Workers' Compensation will be presumed to mean that such a determination has been made.

If a **covered person** is involved in an automobile accident, or suffers an **illness** or **injury** that was due to the action or inaction of any party, the **Plan** may advance payment in order to prevent any financial hardship to the **covered person**. Acceptance of **Plan** benefits acknowledges (1) the obligation of the **covered person** to help the **Plan** to recover benefits it has paid out on behalf of the **covered person**, and (2) to provide the **Plan** with information concerning: any automobile insurance, any other group health program which may be obligated to pay benefits on behalf of the **covered person**, and the insurance of any other party involved. The **covered person** is required to cooperate fully in the **Plan's** exercise of its right to recovery and the **covered person** cannot do anything to prejudice those rights. Such cooperation is required as a condition of receiving benefits under the **Plan**. The **plan administrator** may refuse to pay benefits, or cease to pay benefits, on behalf of a **covered person** who fails to sign any document deemed by the **plan administrator** to be relevant to protecting its subrogation rights or fails to provide **relevant information** when requested. The term information includes any documents, insurance policies, police reports, or any reasonable request by the **claims processor** or **plan administrator** to enforce the **Plan's** rights.

Whether the **covered person** or the **Plan** makes a claim directly against any party, group health program or insurance company for the benefit payments made on behalf of a **covered person** by the **Plan**, the **Plan** has a lien on any amount the **covered person** recovers or could recover from any party, insurance company, or group health program whether by judgment, settlement, or otherwise, and whether or not designated as payment for medical expenses. This lien shall remain in effect until the **Plan** acknowledges and agrees upon payment to the **Plan** and releases its lien. The lien may not be for an amount greater than the amount of benefits paid under the **Plan**.

The **plan administrator** has delegated to the **claims processor** the right to perform ministerial functions required to assert the **Plan's** rights; however, the **plan administrator** shall retain discretionary authority with regard to asserting the **Plan's** recovery rights.

# GENERAL PROVISIONS

## ***ADMINISTRATION OF THE PLAN***

The *Plan* is administered through the Human Resources Department of the *employer*. The *employer* is the *plan administrator*. The *plan administrator* shall have full charge of the operation and management of the *Plan*. The *employer* has retained the services of an independent *claims processor* experienced in claims review.

The *employer* is the *named fiduciary* of the *Plan* except as noted herein. The *claims processor* is the *named fiduciary* of the *Plan* for post-service claim appeals. As the *named fiduciary* for appeals, the *claims processor* maintains discretionary authority to review all denied claims under appeal for benefits under the *Plan*. The *employer* maintains discretionary authority to interpret the terms of the *Plan*, including but not limited to, determination of eligibility for and entitlement to *Plan* benefits in accordance with the terms of the *Plan*; any interpretation or determination made pursuant to such discretionary authority shall be given full force and effect, unless it can be shown that the interpretation or determination was arbitrary and capricious.

## ***ASSIGNMENT***

The *Plan* will pay benefits under this *Plan* to the *employee* unless payment has been assigned to a *professional provider* of service furnishing the services for which benefits are provided herein. No assignment of benefits shall be binding on the *Plan* unless the *claims processor* is notified in writing of such assignment prior to payment hereunder.

This *Plan* will pay benefits to the responsible party of an *alternate recipient* as designated in a Qualified Medical Child Support Order or National Medical Support Notice.

## ***BENEFITS NOT TRANSFERABLE***

Except as otherwise stated herein, no person other than an eligible *covered person* is entitled to receive benefits under this *Plan*. Such right to benefits is not transferable.

## ***CLERICAL ERROR***

No clerical error on the part of the *employer* or *claims processor* shall operate to defeat any of the rights, privileges, services, or benefits of any *employee* or any *dependent(s)* hereunder, nor create or continue coverage which would not otherwise validly become effective or continue in force hereunder. An equitable adjustment of contributions and/or benefits will be made when the error or delay is discovered. However, if more than six (6) months has elapsed prior to discovery of any error, any adjustment of contributions shall be waived. No party shall be liable for the failure of any other party to perform.

## ***CONFORMITY WITH STATUTE(S)***

Any provision of the *Plan* which is in conflict with statutes which are applicable to this *Plan* is hereby amended to conform to the minimum requirements of said statute(s).

## ***EFFECTIVE DATE OF THE PLAN***

The original *effective date* of this *Plan* was October 1, 1982. The *effective date* of the modifications contained herein is January 1, 2005.

## ***FREE CHOICE OF PROFESSIONAL PROVIDER***

Nothing contained in this *Plan* shall in any way or manner restrict or interfere with the right of any person entitled to benefits hereunder to select a *hospital* or to make a free choice of the *professional provider*.

## ***INCAPACITY***

If, in the opinion of the *employer*, a *covered person* for whom a claim has been made is incapable of furnishing a valid receipt of payment due him and in the absence of written evidence to the *Plan* of the qualification of a guardian or personal representative for his estate, the *employer* may on behalf of the *Plan*, at his discretion, make any and all such payments to the provider of services or other person providing for the care and support of such person. Any payment so made will constitute a complete discharge of the *Plan's* obligation to the extent of such payment.

## ***INCONTESTABILITY***

All statements made by the *employer* or by the *employee* covered under this *Plan* shall be deemed representations and not warranties. Such statements shall not void or reduce the benefits under this *Plan* or be used in defense to a claim unless they are contained in writing and signed by the *employer* or by the *covered person*, as the case may be. A statement made shall not be used in any legal contest unless a copy of the instrument containing the statement is or has been furnished to the other party to such a contest.

## ***LEGAL ACTIONS***

No action at law or in equity shall be brought to recover on the benefits from the *Plan* prior to the expiration of sixty (60) days after all information on a claim for benefits has been filed and the appeal process has been completed in accordance with the requirements of the *Plan*. No such action shall be brought after the expiration of two (2) years from the date the expense was *incurred*, or one (1) year from the date a completed claim was filed, whichever occurs first.

## ***LIMITS ON LIABILITY***

Liability hereunder is limited to the services and benefits specified, and the *employer* shall not be liable for any obligation of the *covered person incurred* in excess thereof. The *employer* shall not be liable for the negligence, wrongful act, or omission of any *professional provider*, or their employees, or any other person. The liability of the *Plan* shall be limited to the reasonable cost of *covered expenses* and shall not include any liability for suffering or general damages.

## ***LOST DISTRIBUTEES***

Any benefit payable hereunder shall be deemed forfeited if the *plan administrator* is unable to locate the *covered person* to whom payment is due, provided, however, that such benefits shall be reinstated if a claim is made by the *covered person* for the forfeited benefits within the time prescribed in the *Dental Claim Filing Procedure* section of this document.

## ***MEDICAID ELIGIBILITY AND ASSIGNMENT OF RIGHTS***

The ***Plan*** will not take into account whether an individual is eligible for, or is currently receiving, medical assistance under a state plan for medical assistance as provided under Title XIX of the Social Security Act ("State Medicaid Plan") either in enrolling that individual as a ***covered person*** or in determining or making any payment of benefits to that individual. The ***Plan*** will pay benefits with respect to such individual in accordance with any assignment of rights made by or on behalf of such individual as required under a state Medicaid plan pursuant to § 1912(a)(1)(A) of the Social Security Act. To the extent payment has been made to such individual under a state Medicaid Plan and this ***Plan*** has a legal liability to make payments for the same services, supplies or treatment, payment under the ***Plan*** will be made in accordance with any state law which provides that the state has acquired the rights with respect to such individual to payment for such services, supplies or treatment under the ***Plan***.

## ***MISREPRESENTATION***

If the ***covered person*** or anyone acting on behalf of a ***covered person*** makes a false statement on the application for enrollment, or withholds information with intent to deceive or affect the acceptance of the enrollment application or the risks assumed by the ***Plan***, or otherwise misleads the ***Plan***, the ***Plan*** shall be entitled to recover its damages, including legal fees, from the ***covered person***, or from any other person responsible for misleading the ***Plan***, and from the person for whom the benefits were provided. Any material misrepresentation on the part of the ***covered person*** in making application for coverage, or any application for reclassification thereof, or for service thereunder shall render the coverage under this ***Plan*** null and void.

## ***PHYSICAL EXAMINATIONS REQUIRED BY THE PLAN***

The ***Plan***, at its own expense, shall have the right to require an examination of a person covered under this ***Plan*** when and as often as it may reasonably require during the pendency of a claim.

## ***PLAN IS NOT A CONTRACT***

The ***Plan*** shall not be deemed to constitute a contract between the ***employer*** and any ***employee*** or to be a consideration for, or an inducement or condition of, the employment of any ***employee***. Nothing in the ***Plan*** shall be deemed to give any ***employee*** the right to be retained in the service of the ***employer*** or to interfere with the right of the ***employer*** to terminate the employment of any ***employee*** at any time.

## ***PLAN MODIFICATION AND AMENDMENT***

The ***employer*** may modify or amend the ***Plan*** from time to time at its sole discretion, and such amendments or modifications which affect ***covered persons*** will be communicated to the ***covered persons***. Any such amendments shall be in writing, setting forth the modified provisions of the ***Plan***, the ***effective date*** of the modifications, and shall be signed by the ***employer's*** designee.

Such modification or amendment shall be duly incorporated in writing into the master copy of the ***Plan*** on file with the ***employer***, or a written copy thereof shall be deposited with such master copy of the ***Plan***. Appropriate filing and reporting of any such modification or amendment with governmental authorities and to ***covered persons*** shall be timely made by the ***employer***.



## ***PLAN TERMINATION***

The *employer* reserves the right to terminate the *Plan* at any time. Upon termination, the rights of the *covered persons* to benefits are limited to claims *incurred* up to the date of termination. Any termination of the *Plan* will be communicated to the *covered persons*.

## ***PRONOUNS***

All personal pronouns used in this *Plan* shall include either gender unless the context clearly indicates to the contrary.

## ***RECOVERY FOR OVERPAYMENT***

Whenever payments have been made from the *Plan* in excess of the maximum amount of payment necessary, the *Plan* will have the right to recover these excess payments. If the *Plan* makes any payment that, according to the terms of the *Plan*, should not have been made, the *Plan* may recover that incorrect payment, whether or not it was made due to the *Plan's* or the *Plan's* designee's own error, from the person or entity to whom it was made or from any other appropriate party.

## ***STATUS CHANGE***

If an *employee* or *dependent* has a status change while covered under this *Plan* (i.e. *dependent* to *employee*, COBRA to active) and no interruption in coverage has occurred, the *Plan* will provide continuous coverage with respect to any deductible(s), *coinsurance* and *maximum benefit*.

## ***TIME EFFECTIVE***

The effective time with respect to any dates used in the *Plan* shall be 12:00 a.m. (midnight) as may be legally in effect at the address of the *plan administrator*.

## ***WORKERS' COMPENSATION NOT AFFECTED***

This *Plan* is not in lieu of, and does not affect any requirement for, coverage by Workers' Compensation Insurance.

# HIPAA PRIVACY

The following provisions are intended to comply with the requirements under Federal regulation implementing Section 264 of the Health Insurance Portability and Accountability Act of 1996 (*HIPAA*).

## ***DISCLOSURE BY PLAN TO PLAN SPONSOR***

The *Plan* may take the following actions only upon receipt of a *Plan* amendment certification:

1. Disclose protected health information to the *plan sponsor*.
2. Provide for or permit the disclosure of protected health information to the *plan sponsor* by a health insurance issuer or HMO with respect to the *Plan*.

## ***USE AND DISCLOSURE BY PLAN SPONSOR***

The *plan sponsor* may use or disclose protected health information received from the *Plan* to the extent not inconsistent with the provisions of this *HIPAA PRIVACY* Section or the *privacy rule*.

## ***OBLIGATIONS OF PLAN SPONSOR***

The *plan sponsor* shall have the following obligations:

1. Ensure that:
  - a. Any agents (including a subcontractor) to whom it provides protected health information received from the *Plan* agree to the same restrictions and conditions that apply to the *plan sponsor* with respect to such information; and
  - b. Adequate separation between the *Plan* and the *plan sponsor* is established in compliance with the requirement in 45 C.F.R. 164.504(f)(2)(iii).
2. Not use or further disclose protected health information received from the *Plan*, other than as permitted or required by the *Plan* documents or as *required by law*.
3. Not use or disclose protected health information received from the *Plan*:
  - a. For employment-related actions and decisions; or
  - b. In connection with any other benefit or employee benefit plan of the *plan sponsor*.
4. Report to the *Plan* any use or disclosure of the protected health information received from the *Plan* that is inconsistent with the use or disclosure provided for of which it becomes aware.
5. Make available protected health information received from the *Plan*, as and to the extent required by the *privacy rule*:
  - a. For access to the individual;
  - b. For amendment and incorporate any amendments to protected health information received from the *Plan*; and

- c. To provide an accounting of disclosures.
6. Make its internal practices, books, and records relating to the use and disclosure of protected health information received from the *Plan* available to the Secretary of the U.S. Department of Health and Human Services for purposes of determining compliance by the *Plan* with the *privacy rule*.
7. Return or destroy all protected health information received from the *Plan* that the *plan sponsor* still maintains in any form and retain no copies when no longer needed for the purpose for which the disclosure by the *Plan* was made, but if such return or destruction is not feasible, limit further uses and disclosures to those purposes that make the return or destruction of the information infeasible.
8. Provide protected health information only to those individuals, under the control of the *plan sponsor* who perform administrative functions for the *Plan*; (i.e. eligibility, enrollment, payroll deduction, benefit determination, claim reconciliation assistance), and to make clear to such individuals that they are not to use protected health information for any reason other than for *Plan* administrative functions nor to release protected health information to an unauthorized individual.
9. Provide protected health information only to those entities required to receive the information in order to maintain the *Plan* (i.e. claim administrator, case management vendor, pharmacy benefit manager, claim subrogation, vendor, claim auditor, network manager, stop-loss insurance carrier, insurance broker/consultant, and any other entity subcontracted to assist in administering the *Plan*).
10. Provide an effective mechanism for resolving issues of noncompliance with regard to the items mentioned in this provision.

*Effective April 20, 2005, the following provisions shall apply:*

11. Reasonably and appropriately safeguard electronic protected health information created, received, maintained, or transmitted to or by the *plan sponsor* on behalf of the *Plan*. Specifically, such safeguarding entails an obligation to:
  - a. Implement administrative, physical, and technical safeguards that reasonably and appropriately protect the confidentiality, integrity, and availability of the electronic protected health information that the *plan sponsor* creates, receives, maintains, or transmits on behalf of the *Plan*;
  - b. Ensure that the adequate separation as required by 45 C.F.R. 164.504(f)(2)(iii) is supported by reasonable and appropriate security measures;
  - c. Ensure that any agent, including a subcontractor, to whom it provides this information agrees to implement reasonable and appropriate security measures to protect the information; and
  - d. Report to the *Plan* any security incident of which it becomes aware.

## ***EXCEPTIONS***

Notwithstanding any other provision of this *HIPAA PRIVACY* Section, the *Plan* (or a health insurance issuer or HMO with respect to the *Plan*) may:

1. Disclose summary health information to the *plan sponsor*:
  - a. If the *plan sponsor* requests it for the purpose of:
    - i. Obtaining premium bids from health plans for providing health insurance coverage under the *Plan*; or
    - ii. Modifying, amending, or terminating the *Plan*.

2. Disclose to the *plan sponsor* information on whether the individual is participating in the *Plan*, or is enrolled in or has disenrolled from a health insurance issuer or HMO offered by the *Plan*;
3. Use or disclose protected health information:
  - a. With (and consistent with) a valid authorization obtained in accordance with the *privacy rule*;
  - b. To carry out treatment, payment, or health care operations in accordance with the *privacy rule*; or
  - c. As otherwise permitted or required by the *privacy rule*.

# DEFINITIONS

Certain words and terms used herein shall be defined as follows and are shown in ***bold and italics*** throughout the document:

## ***Accident***

An unforeseen event resulting in ***injury***.

## ***Alternate Recipient***

Any child of an ***employee*** or their spouse who is recognized in a Qualified Medical Child Support Order (QMCSO) or National Medical Support Notice (NMSN) which has been issued by any court judgment, decree, or order as being entitled to enrollment for coverage under this ***Plan***.

## ***Claims Processor***

CoreSource, Inc  
P.O. Box 279  
Sheldon, IA 51201-0279

## ***Close Relative***

The ***employee's*** spouse, children, brothers, sisters, or parents; or the children, brothers, sisters or parents of the ***employee's*** spouse.

## ***Coinsurance***

The benefit percentage of ***covered expenses*** payable by the ***Plan*** for benefits that are provided under the ***Plan***. The ***coinsurance*** is applied to ***covered expenses*** after the deductible(s) have been met, if applicable.

## ***Covered Expenses***

***Medically necessary*** services, supplies or treatments that are recommended or provided by a ***professional provider*** for the treatment of an ***illness*** or ***injury*** and that are not specifically excluded from coverage herein.

## ***Covered Person***

A person who is eligible for coverage under this ***Plan***, or becomes eligible at a later date, and for whom the coverage provided by this ***Plan*** is in effect.

## ***Customary and Reasonable Amount***

The fee assessed by a provider of service for services, supplies or treatment which shall not exceed the general level of charges made by others rendering or furnishing such services, supplies or treatment within the area where the charge is ***incurred*** and is comparable in severity and nature to the ***illness*** or ***injury***. Due consideration shall be given to any medical complications or unusual circumstances which require additional time, skill or experience. The ***customary and reasonable amount*** is determined from a statistical review and analysis of the charges for a given procedure in a given area. The term "area" as it would apply to any particular service, supply or treatment means a county or such greater area as is necessary to obtain a representative cross-section of the level of charges. The percentage applicable to this ***Plan*** is ninety percent (90%) and is based on and applied to MDR tables.

### ***Dentist***

A Doctor of Dental Medicine (D.M.D.), a Doctor of Dental Surgery (D.D.S.), a Doctor of Medicine (M.D.), or a Doctor of Osteopathy (D.O.), other than a *close relative* of the *covered person*, who is practicing within the scope of his license.

### ***Dependent***

A *dependent* is:

1. An *employee's* spouse. The term "spouse" means the spouse of the *employee* under a legally valid existing marriage between persons of the opposite sex.
2. An *employee's* child. The term "child" means the *employee's* natural child, stepchild, legally adopted child and a child for whom the *employee* or covered spouse has been appointed legal guardian, provided:
  - a. The child is less than twenty-three (23) years of age, and;
  - b. The child lives with the *employee* in a parent-child relationship, and;
  - c. The child is unmarried, and;
  - d. The child is principally dependent upon the *employee* for support and maintenance, and;
  - e. The child is not regularly employed by one or more employers on a full-time basis, exclusive of scheduled vacation periods.
3. An eligible child shall also include any other child of an *employee* or their spouse who is recognized in a Qualified Medical Child Support Order (QMCSO) or National Medical Support Notice (NMSN) which has been issued by any court judgment, decree, or order as being entitled to enrollment for coverage under this *Plan*, even if the child is not residing in the *employee's* household. Such child shall be referred to as an *alternate recipient*. *Alternate recipients* are eligible for coverage only if the *employee* is also covered under this *Plan*. An application for enrollment must be submitted to the *employer* for coverage under this *Plan*. The *employer/plan administrator* shall establish written procedures for determining whether a medical child support order is a QMCSO or NMSN and for administering the provision of benefits under the *Plan* pursuant to a valid QMCSO or NMSN. Within a reasonable period after receipt of a medical child support order, the *employer/plan administrator* shall determine whether such order is a Qualified Medical Child Support Order (QMCSO) as defined in Section 609 of ERISA, or a National Medical Support Notice (NMSN) as defined in Section 401 of the Child Support Performance and Incentive Act of 1998.

The *employer/plan administrator* reserves the right, waivable at its discretion, to seek clarification with respect to the order from the court or administrative agency which issued the order, up to and including the right to seek a hearing before the court or agency.

4. Adopted children, who are less than eighteen (18) years of age at the time of adoption, shall be considered eligible from the date the child is *placed for adoption*.
5. Upon written notice to the *employer*, a child who has reached his or her twenty-third (23rd) birthday and is principally dependent upon the *employee* for support and maintenance, may also be included herein as an eligible *dependent* until the child's twenty-fifth (25th) birthday, provided such child is unmarried, and is a *full-time student* in a secondary school, accredited college, university or institution of higher learning and is not regularly employed by one or more employers on a full-time basis, exclusive of scheduled vacation periods. It is the *employee's* responsibility to provide the *claims processor* with proof of *full-time student status* for each semester. The *employee* must notify the *employer* when the *dependent* is no longer a *full-time student*.

6. A child who is unmarried, incapable of self-sustaining employment, and dependent upon the *employee* for support due to a mental and/or physical disability, and who was covered under the *Plan* prior to reaching the maximum age limit or due to other loss of *dependent's* eligibility and who lives with the *employee*, will remain eligible for coverage under this *Plan* beyond the date coverage would otherwise be lost.

For further information regarding eligibility for *dependents*, refer to the *Eligibility, Enrollment and Effective Date, Dependent(s) Eligibility* section of this document.

#### ***Effective Date***

The date of this *Plan* or the date on which the *covered person's* coverage commences, whichever occurs later.

#### ***Employee***

A person directly involved in the regular business of and compensated for services, as reported on the individual's annual W-2 form, by the *employer*, who is regularly scheduled to work as determined by the *employer*.

#### ***Employer***

The *employer* is Kettering City Schools.

#### ***Experimental/Investigational***

Services, supplies, drugs and treatment which do not constitute accepted medical practice properly within the range of appropriate medical practice under the standards of the case and by the standards of a reasonably substantial, qualified, responsible, relevant segment of the medical community or government oversight agencies at the time services were rendered.

The *claims processor, named fiduciary for post-service claim appeals, employer/plan administrator*, or their designee must make an independent evaluation of the *experimental/non-experimental* standings of specific technologies. The *claims processor, named fiduciary for post-service claim appeals, employer/plan administrator* or their designee shall be guided by a reasonable interpretation of *Plan* provisions and information provided by qualified independent vendors who have also reviewed the information provided. The decisions shall be made in good faith and rendered following a factual background investigation of the claim and the proposed treatment. The *claims processor, named fiduciary for post-service claim appeals, employer/plan administrator* or their designee will be guided by the following examples of *experimental* services and supplies:

1. If the drug or device cannot be lawfully marketed without approval of the U.S. Food and Drug Administration and approval for marketing has not been given at the time the drug or device is furnished; or
2. If the drug, device, medical treatment or procedure, was not reviewed and approved by the treating facility's institutional review board or other body serving a similar function, or if federal law requires such review or approval; or
3. If "reliable evidence" shows that the drug, device, medical treatment or procedure is the subject of ongoing Phase I or Phase II clinical trials, is in the research, *experimental*, study or *investigational* arm of ongoing Phase III clinical trials, or is otherwise under study to determine its maximum tolerated dose, its toxicity, its safety, or its efficacy as compared with a standard means of treatment or diagnosis; or
4. If "reliable evidence" shows that prevailing opinion among experts regarding the drug, device, medical treatment or procedure is that further studies or clinical trials are necessary to determine its maximum tolerated dose, its toxicity, its safety, or its efficacy as compared with standard means of treatment or diagnosis.

"Reliable evidence" shall mean only published reports and articles in the authoritative medical and scientific literature; the written protocol or protocols used by the treating facility or the protocol(s) of another facility studying substantially the same drug, device, medical treatment or procedure; or the written informed consent used by the treating facility or by another facility studying substantially the same drug, device, medical treatment or procedure.

### ***Full-time Student or Full-time Student Status***

An ***employee's dependent*** child who is enrolled in and regularly attending secondary school, an accredited college, university, or institution of higher learning for the minimum number of credit hours required by that institution in order to maintain ***full-time student status***.

### ***Illness***

A bodily disorder, disease, or physical sickness.

### ***Incurred or Incurred Date***

With respect to a ***covered expense***, the date the services, supplies or treatment are provided.

### ***Injury***

A physical harm or disability which is the result of a specific incident caused by external means. The physical harm or disability must have occurred at an identifiable time and place. ***Injury*** does not include ***illness*** or infection of a cut or wound.

### ***Layoff***

A period of time during which the ***employee***, at the ***employer's*** request, does not work for the ***employer***, but which is of a stated or limited duration and after which time the ***employee*** is expected to return to ***full-time***, active work. ***Layoffs*** will otherwise be in accordance with the ***employer's*** standard personnel practices and policies.

### ***Leave of Absence***

A period of time during which the ***employee*** does not work, but which is of stated duration after which time the ***employee*** is expected to return to active work.

### ***Maximum Benefit***

Any one of the following, or any combination of the following:

1. The maximum amount paid by this ***Plan*** for any one ***covered person*** during the entire time he is covered by this ***Plan***.
2. The maximum amount paid by this ***Plan*** for any one ***covered person*** for a particular ***covered expense***. The maximum amount can be for:
  - a. The entire time the ***covered person*** is covered under this ***Plan***, or
  - b. A specified period of time, such as a calendar year.
3. The maximum number as outlined in the ***Plan*** as a ***covered expense***. The maximum number relates to the number of treatments during a specified period of time.



***Medically Necessary (or Medical Necessity)***

Service, supply or treatment which is determined by the ***claims processor, named fiduciary for post-service claim appeals, employer/plan administrator*** or their designee to be:

1. Appropriate and consistent with the symptoms and provided for the diagnosis or treatment of the ***covered person's illness or injury*** and which could not have been omitted without adversely affecting the ***covered person's*** condition or the quality of the care rendered; and
2. Supplied or performed in accordance with current standards of medical practice within the United States; and
3. Not primarily for the convenience of the ***covered person*** or the ***covered person's*** family or ***professional provider***; and
4. Is an appropriate supply or level of service that safely can be provided; and
5. Is recommended or approved by the attending ***professional provider***.

The fact that a ***professional provider*** may prescribe, order, recommend, perform or approve a service, supply or treatment does not, in and of itself, make the service, supply or treatment ***medically necessary*** and the ***claims processor, named fiduciary for post-service claim appeals, employer/plan administrator*** or its designee, may request and rely upon the opinion of a ***dentist or dentists***. The determination of the ***claims processor, named fiduciary for post-service claim appeals, employer/plan administrator*** or its designee shall be final and binding.

***Medicare***

The programs established by Title XVIII known as the Health Insurance for the Aged Act, which includes: Part A, Hospital Benefits For The Aged; Part B, Supplementary Medical Insurance Benefits For The Aged; and Part C, Miscellaneous provisions regarding both programs; and including any subsequent changes or additions to those programs.

***Named Fiduciary for Post-Service Claim Appeals*** (except for External Review of Denied claims through the Ohio Department of Insurance)

CoreSource, Inc.  
P.O. Box 279  
Sheldon, IA 51201-0279

***Physician***

A Doctor of Medicine (M.D.) or a Doctor of Osteopathy (D.O.), other than a ***close relative*** of the ***covered person*** who is practicing within the scope of his license.

***Placed For Adoption***

The date the ***employee*** assumes legal obligation for the total or partial financial support of a child during the adoption process.

***Plan***

"***Plan***" refers to the benefits and provisions for payment of same as described herein. The ***Plan*** is the Kettering City Schools.

***Plan Administrator***

The *plan administrator* is responsible for the day-to-day functions and management of the *Plan*. The *plan administrator* is the *employer*.

***Plan Sponsor***

The *Plan sponsor* is Kettering City Schools

***Plan Year End***

The *plan year end* is December 31<sup>st</sup>.

***Privacy Rule***

Health Insurance Portability and Accountability Act of 1996 (HIPAA) and its implementing regulation concerning privacy of individually identifiable health information, as published in 65 Fed. Reg. 82461 (Dec. 28, 2000) and as modified and published in 67 Fed. Reg. 53181 (Aug. 14, 2002).

***Professional Provider***

A person or other entity licensed where required and performing services within the scope of such license. The covered *professional providers* include, but are not limited to:

Dental Hygienist

Dentist

Physician

***Relevant Information***

***Relevant information***, when used in connection with a claim for benefits or a claim appeal, means any document, record or other information:

1. Relied on in making the benefit determination; or
2. That was submitted, considered or generated in the course of making a benefit determination, whether or not relied upon; or
3. That demonstrates compliance with the duties to make benefit decisions in accordance with *Plan* documents and to make consistent decisions; or
4. That constitutes a statement of policy or guidance for the *Plan* concerning the denied treatment or benefit for the *covered person's* diagnosis, even if not relied upon.

***Required By Law***

The same meaning as the term "required by law" as defined in 45 CFR 164.501, to the extent not preempted by ERISA or other Federal law.

***Total Disability or Totally Disabled***

The *employee* is prevented from engaging in his regular, customary occupation or from an occupation for which he or she becomes qualified by training or experience, and is performing no work of any kind for compensation or profit; or a *dependent* is prevented from engaging in all of the normal activities of a person of like age and sex who is in good health.