

Elementary School Breakfast Cycle Menu

The meal includes at least ONE fruit and Ice Cold White Milk. Can take two fruits.

Dairy options include Nonfat White, 1% White

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A/C	Week A/C	Week A/C	Week A/C	Week A/C
Breakfast Pizza	Soft Cream Filled Breakfast Bread	Ultimate Breakfast Cookie	Breakfast Sandwich	Apple or Cherry Frudel
Week B/D	Week B/D	Week B/D	Week B/D	Week B/D
Cinnamon Roll w/ Icing	Cinnamon Pancakes	Creamy Bagels	Lemon Blueberry Bread Twist	Cheesy filled Bread
Assorted Cold Items Available Every Day				
Assorted Cold Cereals: Trix, Cocoa Puffs, Cinnamon Toast Crunch, Rice Chex, Lucky Charms	Assorted Breakfast Bars: Trix, Cinnamon Toast Crunch, Cocoa Puffs, Golden Graham, Nutrigrain Bars	Assorted Muffins and Bread: Banana, Chocolate, Blueberry, Banana Loaf, Blueberry Loaf	Assorted Protein Options: Hard Boiled Egg, Yogurt, String Cheese, Colby Jack Cheese Stick, Cheese Cubes	Assorted Fresh Fruit: Assorted Apples, Bananas, Pears, Oranges Assorted Canned Fruit: Peaches, Pears, Applesauce. 100% Juice available M,W,F