

Elementary School Lunch Cycle Menu

The meal price includes at least ONE fruit OR vegetable (can choose both) and ice cold milk

Dairy options include Nonfat White, Chocolate and Strawberry, & 1% White.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week A	Week A	Week A	Week A	Week A
Macaroni & Cheese OR Chicken Quesadilla Warm Buttery Corn	Orange Chicken & Rice OR Popcorn Chicken Basket Seasoned Green Beans	Grilled Cheese & Tomato Soup OR Hot Dog on Bun Baked Beans	Pepperoni Stick OR Turkey Sandwich Romaine Lettuce Cup	Big Breakfast OR Chefs Choice Crunchy Baby Carrots
Week B	Week B	Week B	Week B	Week B
Beef Nachos OR Mini Cheese Sticks Chunky Pineapple Black Beans	Chicken Patty Sandwich OR Yogurt Fun Meal Chilled Strawberries Celery Sticks	Meatball Sub OR Turkey Sub Chunky Pears Roasted Potatoes	Chicken & Waffles OR Chicken Nugget Basket Cinnamon Bananas Carrot & Celery	Cheese Pizza Wedge OR Chefs Choice Assorted Applesauce Grape Tomatoes
Week C	Week C	Week C	Week C	Week C
Baked Chicken Drumstick w Goldfish Crackers OR Cheesy Ravioli & Marinara Crunchy Carrot Sticks	Beef Tacos OR Corn Dog Refried Beans	Cheeseburger (Hamburger Available) OR Pizza Munchable Roasted Broccoli	Brunch 4 Lunch OR Big Cereal Breakfast Hot Cinnamon Apples Tater Tots	Chili w Beans w/ Cornbread and Crackers Tater Tots Kidney Beans and Onion Toppings
Week D	Week D	Week D	Week D	Week D
Chicken Fried Rice & Egg Roll Asian Vegetables	Lasagna Roll Up in Marinara OR Cheesy Breadsticks Cucumber Coins	Hot Ham n Cheese OR Yogurt Parfait Baked Beans	Walking Taco OR Hot Italian Sub Chilled Tossed Salad	Cheese Pizza Round OR Chefs Choice Mashed Potatoes

Menu Items Available Every Day

Garden Salad with Egg and Cheese & Breadstick

Peanut Butter Fun Meal

Fresh Fruit Options available daily: Apples, Bananas, Pears, Oranges, Grapes*, Strawberries*

Fruit options available: Applesauce, Diced Peaches, Diced Pears, Mandarin Oranges, Pineapple Chunks, Craisins, Raisins and Juice

Assorted Vegetable Options: Broccoli, Cucumber, Carrots, Celery (may be available)

* when in season